

## AMÍ Lámörk 2011

11 ára kk	12 ára KK	13-14 ára	15-16 ára	17-18 ára	25m laug	17-18 ára	15-16 ára	13-14 ára	12 ára kvk	11 ára
				00:27,90	50 skrið	00:29,90				
01:21,65	01:17,90	01:10,90	01:01,70	01:02,15	100 skrið	01:05,30	01:06,80	01:10,10	01:16,90	01:19,80
03:02,30	02:53,40	02:38,10	02:18,80	02:17,50	200 skrið	02:24,20	02:25,60	02:28,30	02:51,00	02:57,50
06:34,00	06:16,80	05:25,00	04:52,70	04:57,00	400 skrið	05:06,60	05:06,70	05:29,50	06:00,50	06:14,85
					800 skrið	10:23,60	10:44,70	11:18,50		
		21:06,00	19:18,00	18:12,50	1500 skrið					
01:43,50	01:38,50	01:28,35	01:21,65	01:17,30	100 bringa	01:22,60	01:26,60	01:32,15	01:38,70	01:42,55
03:44,30	03:36,00	03:10,50	02:53,30	02:44,65	200 bringa	02:56,70	03:05,10	03:16,80	03:29,20	03:37,80
01:38,55	01:34,00	01:24,80	01:17,35	01:13,05	100 bak	01:15,90	01:19,85	01:22,20	01:32,80	01:36,20
03:44,55	03:32,90	03:07,70	02:46,90	02:38,60	200 bak	02:43,50	02:50,00	03:00,90	03:24,90	03:37,55
01:54,55	01:42,41	01:28,40	01:19,00	01:13,30	100 flug	01:16,70	01:21,00	01:26,70	01:37,80	01:42,25
03:48,50	03:36,00	03:11,50	02:52,35	02:40,70	200 flug	02:48,10	03:01,10	03:09,10	03:41,10	03:52,30
01:40,40	01:34,20				100 fjór				01:29,30	01:35,60
03:25,90	03:16,20	02:58,50	02:36,30	02:35,80	200 fjór	02:40,40	02:46,70	02:50,50	03:12,20	03:18,80
07:12,30	06:51,45	06:16,70	05:30,50	05:14,80	400 fjór	05:36,80	05:49,70	06:14,40	06:37,30	06:55,90

11 kk	12 kk	13-14 kk	15-16 kk	17-18 kk	50m laug	17-18 kvk	15-16 kvk	13-14 kvk	12 kvk	11 kvk
				00:28,46	50 skrið	00:30,50				
01:23,28	01:19,46	01:12,32	01:02,93	01:03,39	100 skrið	01:06,61	01:08,14	01:11,50	01:18,44	01:21,40
03:05,95	02:56,87	02:41,26	02:21,58	02:20,25	200 skrið	02:27,08	02:28,51	02:31,27	02:54,42	03:01,05
06:41,88	06:24,34	05:31,50	04:58,55	05:02,94	400 skrið	05:12,73	05:12,83	05:36,09	06:07,71	06:22,35
					800 skrið	10:36,07	10:57,59	11:32,07		
		21:31,32	19:41,16	18:34,35	1500 skrið					
01:45,57	01:40,47	01:30,12	01:23,28	01:18,85	100 bringa	01:24,25	01:28,33	01:33,99	01:40,67	01:44,60
03:48,79	03:40,32	03:14,31	02:56,77	02:47,94	200 bringa	03:00,23	03:08,80	03:20,74	03:33,38	03:42,16
01:40,52	01:35,88	01:26,50	01:18,90	01:14,51	100 bak	01:17,42	01:21,45	01:23,84	01:34,66	01:38,12
03:49,04	03:37,16	03:11,45	02:50,24	02:41,77	200 bak	02:46,77	02:53,40	03:04,52	03:29,00	03:41,90
01:56,84	01:44,46	01:30,17	01:20,58	01:14,77	100 flug	01:18,23	01:22,62	01:28,43	01:39,76	01:44,29
03:53,07	03:40,32	03:15,33	02:55,80	02:43,91	200 flug	02:51,46	03:04,72	03:12,88	03:45,52	03:56,95
01:42,41	01:36,08	00:00,00	00:00,00	00:00,00	100 fjór			00:00,00	01:31,09	01:37,51
03:30,02	03:20,12	03:02,07	02:39,43	02:38,92	200 fjór	02:43,61	02:50,03	02:53,91	03:16,04	03:22,78
07:20,95	06:59,68	06:24,23	05:37,11	05:21,10	400 fjór	05:43,54	05:56,69	06:21,89	06:45,25	07:04,22

11 kk	12 kk	13-14 kk	15-16 kk	17-18 kk	16m laug	17-18 kvk	15-16 kvk	13-14 kvk	12 kvk	11 kvk
				00:26,78	50 skrið	00:28,70				
01:18,38	01:14,78	01:08,06	00:59,23	00:59,66	100 skrið	01:02,69	01:04,13	01:07,30	01:13,82	01:16,61
02:55,01	02:46,46	02:31,78	02:13,25	02:12,00	200 skrið	02:18,43	02:19,78	02:22,37	02:44,16	02:50,40
06:18,24	06:01,73	05:12,00	04:40,99	04:45,12	400 skrið	04:54,34	04:54,43	05:16,32	05:46,08	05:59,86
					800 skrið	09:58,66	10:18,91	10:51,36		
		20:15,36	18:31,68	17:28,80	1500 skrið					
01:39,36	01:34,56	01:24,82	01:18,38	01:14,21	100 bringa	01:19,30	01:23,14	01:28,46	01:34,75	01:38,45
03:35,33	03:27,36	03:02,88	02:46,37	02:38,06	200 bringa	02:49,63	02:57,70	03:08,93	03:20,83	03:29,09
01:34,61	01:30,24	01:21,41	01:14,26	01:10,13	100 bak	01:12,86	01:16,66	01:18,91	01:29,09	01:32,35
03:35,57	03:24,38	03:00,19	02:40,22	02:32,26	200 bak	02:36,96	02:43,20	02:53,66	03:16,70	03:28,85
01:49,97	01:38,31	01:24,86	01:15,84	01:10,37	100 flug	01:13,63	01:17,76	01:23,23	01:33,89	01:38,16
03:39,36	03:27,36	03:03,84	02:45,46	02:34,27	200 flug	02:41,38	02:53,86	03:01,54	03:32,26	03:43,01
01:36,38	01:30,43				100 fjór				01:25,73	01:31,78
03:17,66	03:08,35	02:51,36	02:30,05	02:29,57	200 fjór	02:33,98	02:40,03	02:43,68	03:04,51	03:10,85
06:55,01	06:34,99	06:01,63	05:17,28	05:02,21	400 fjór	05:23,33	05:35,71	05:59,42	06:21,41	06:39,26