

ÍM50			
Karlar	50m	25m	16m
50 skrið	00:27,59	00:27,04	00:25,93
100 skrið	00:59,69	00:58,50	00:56,11
200 skrið	02:16,43	02:13,70	02:08,24
400 skrið	05:01,33	04:55,30	04:43,25
1500 skrið	20:06,39	19:42,26	18:54,01
50 bak	00:34,20	00:33,52	00:32,15
100 bak	01:17,93	01:16,37	01:13,25
200 bak	02:48,80	02:45,42	02:38,67
50 bringa	00:37,35	00:36,60	00:35,11
100 bringa	01:21,68	01:20,05	01:16,78
200 bringa	02:57,04	02:53,50	02:46,42
50 flug	00:31,11	00:30,49	00:29,24
100 flug	01:10,23	01:08,83	01:06,02
200 flug	02:42,08	02:38,84	02:32,36
200 fjór	02:44,50	02:41,21	02:34,63
400 fjór	05:42,40	05:35,55	05:21,86

Konur	50m	25m	16m
50 skrið	00:31,03	00:30,41	00:29,17
100 skrið	01:07,73	01:06,38	01:03,67
200 skrið	02:28,05	02:25,09	02:19,17
400 skrið	05:16,05	05:09,73	04:57,09
800 skrið	10:56,61	10:43,48	10:17,21
50 bak	00:38,43	00:37,66	00:36,12
100 bak	01:20,37	01:18,76	01:15,55
200 bak	02:53,50	02:50,03	02:43,09
50 bringa	00:41,39	00:40,56	00:38,91
100 bringa	01:29,73	01:27,94	01:24,35
200 bringa	03:14,24	03:10,36	03:02,59
50 flug	00:33,81	00:33,13	00:31,78
100 flug	01:22,21	01:20,57	01:17,28
200 flug	03:02,96	02:59,30	02:51,98
200 fjór	02:47,80	02:44,44	02:37,73
400 fjór	06:14,50	06:07,01	05:52,03

ÍM 25			
Karlar	50m	25m	16m
50 skrið	00:26,93	00:26,40	00:25,34
100 skrið	00:58,85	00:57,70	00:55,39
200 skrið	02:13,01	02:10,40	02:05,18
400 skrið	04:52,64	04:46,90	04:35,42
1500 skrið	19:50,95	19:27,60	18:40,90
50 bak	00:34,37	00:33,70	00:32,35
100 bak	01:14,66	01:13,20	01:10,27
200 bak	02:44,02	02:40,80	02:34,37
50 bringa	00:36,52	00:35,80	00:34,37
100 bringa	01:18,64	01:17,10	01:14,02
200 bringa	02:59,21	02:55,70	02:48,67
50 flug	00:30,80	00:30,20	00:28,99
100 flug	01:11,71	01:10,30	01:07,49
200 flug	02:46,67	02:43,40	02:36,86
100 fjór	01:09,56	01:08,20	01:05,47
200 fjór	02:37,18	02:34,10	02:27,94
400 fjór	05:54,76	05:47,80	05:33,89

Konur	50m	25m	16m
50 skrið	00:31,01	00:30,40	00:29,18
100 skrið	01:06,81	01:05,50	01:02,88
200 skrið	02:27,19	02:24,30	02:18,53
400 skrið	05:14,06	05:07,90	04:55,58
800 skrið	10:45,25	10:32,60	10:07,30
50 bak	00:35,80	00:35,10	00:33,70
100 bak	01:16,60	01:15,10	01:12,10
200 bak	02:44,12	02:40,90	02:34,46
50 bringa	00:41,41	00:40,60	00:38,98
100 bringa	01:28,64	01:26,90	01:23,42
200 bringa	03:12,98	03:09,20	03:01,63
50 flug	00:34,58	00:33,90	00:32,54
100 flug	01:18,54	01:17,00	01:13,92
200 flug	03:00,95	02:57,40	02:50,30
100 fjór	01:17,01	01:15,50	01:12,48
200 fjór	02:48,81	02:45,50	02:38,88
400 fjór	06:06,28	05:59,10	05:44,74